

Custom Report for:

31-2021.00 - Physical Therapist Assistants

MSC - PTA Program - Mental & Physical Demands This
form is provided to make prospective students aware of
the job demands. Applicants are asked to review this
information, sign, and include in their application
packet.



Assist physical therapists in providing physical therapy treatments and procedures. May, in accordance with State laws, assist in the development of treatment plans, carry out routine functions, document the progress of treatment, and modify specific treatments in accordance with patient status and within the scope of treatment plans established by a physical therapist. Generally requires formal training.

Sample of reported job titles: Certified Physical Therapist Assistant (CPTA), Home Health Physical Therapist Assistant, Licensed Physical Therapist Assistant (LPTA), Outpatient Physical Therapist Assistant, Per Diem Physical Therapist Assistant (Per Diem PTA), Physical Therapist Assistant (PTA), Physical Therapist Assistant and Nurse Aide, Physical Therapy Assistant (PTA), Physical Therapy Technician (Physical Therapy Tech), Staff Physical Therapy Assistant

View report: Summary **Details**

Custom

Tasks | Tools & Technology | Knowledge | Skills | Abilities | Work Activities | Work Context | Work Styles | Work Needs | Additional **Information**

Tasks Save Table (XLS/CSV)

All of the following tasks are required of physical therapist assistants. The applicants signature at then end of this form ensures that the applicant is aware of the physical and mental requirements and that

they identify themselves as able to complete these tasks. **Importance** Category Task 94 Core Instruct, motivate, safeguard, and assist patients as they practice exercises or functional activities. Core Observe patients during treatments to compile and evaluate data on their responses and progress and provide results to physical therapist in person or through progress notes. Core Confer with physical therapy staff or others to discuss and evaluate patient information for planning, modifying, or coordinating treatment. Core Administer active or passive manual therapeutic exercises, therapeutic massage, aquatic physical therapy, or heat, light, sound, or electrical modality treatments, such as ultrasound. Core Measure patients' range-of-joint motion, body parts, or vital signs to determine effects of treatments or for patient evaluations. Core Communicate with or instruct caregivers or family members on patient therapeutic activities or treatment plans. Core Transport patients to and from treatment areas, lifting and transferring them according to positioning requirements. Core Secure patients into or onto therapy equipment. Train patients in the use of orthopedic braces, prostheses, or supportive devices. Core Assist patients to dress, undress, or put on and remove supportive devices,

such as braces, splints, or slings.

Tools & Technology Save Table (XLS/CSV)

Tools used in this occupation:

Lower extremity prosthetic devices — Above-the-knee prosthetics; Below-the-knee prosthetics

physiotherapists.

Patient care beds or accessories for specialty care — Rotating bed; Standing cages; Standing tables; Tilt tables

Patient lifts or accessories — Hoyer lifts; Total lift chairs

Therapeutic balls or accessories — Medicine balls; Swiss exercise balls

Walkers or rollators — Front-wheel walkers; Hemi walkers; Platform walkers; Reciprocating walkers (see all 5 examples)

Technology used in this occupation:

Accounting software — Billing software; Bookkeeping software

Action games — Video game software; Virtual reality game software

Data base user interface and query software — dBASE; FileMaker Pro software; Microsoft Access

Medical software — BioEx Systems Exercise Pro; Rehab Documentation Company ReDoc Suite; Summit Software CarePoint; TherAssist (see all 13 examples)

Spreadsheet software — Microsoft Excel

See all 82 T2 categories

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75 **I**

Knowledge Save Table (XLS/CSV)

Importance	Knowledge
	Customer and Personal Service — Knowledge of principles and processes for providing

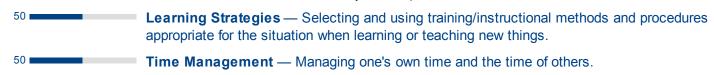


Sociology and Anthropology — Knowledge of group behavior and dynamics, societal trends and influences, human migrations, ethnicity, cultures and their history and origins.

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Skills Save Table (XLS/CSV)

Importance	Skill
69	Active Listening — Giving full attention to what other people are saying, taking time to understand the points being made, asking questions as appropriate, and not interrupting at inappropriate times.
66	Monitoring — Monitoring/Assessing performance of yourself, other individuals, or organizations to make improvements or take corrective action.
66	Social Perceptiveness — Being aware of others' reactions and understanding why they react as they do.
66	Speaking — Talking to others to convey information effectively.
60	Service Orientation — Actively looking for ways to help people.
56	Coordination — Adjusting actions in relation to others' actions.
56	Critical Thinking — Using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to problems.
56	Reading Comprehension — Understanding written sentences and paragraphs in work related documents.
53	Active Learning — Understanding the implications of new information for both current and future problem-solving and decision-making.
53	Instructing — Teaching others how to do something.
53	Judgment and Decision Making — Considering the relative costs and benefits of potential actions to choose the most appropriate one.

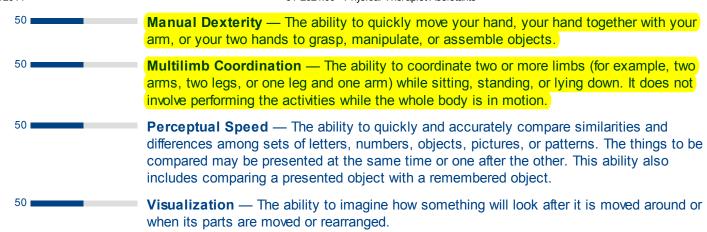


50 Writing — Communicating effectively in writing as appropriate for the needs of the audience.

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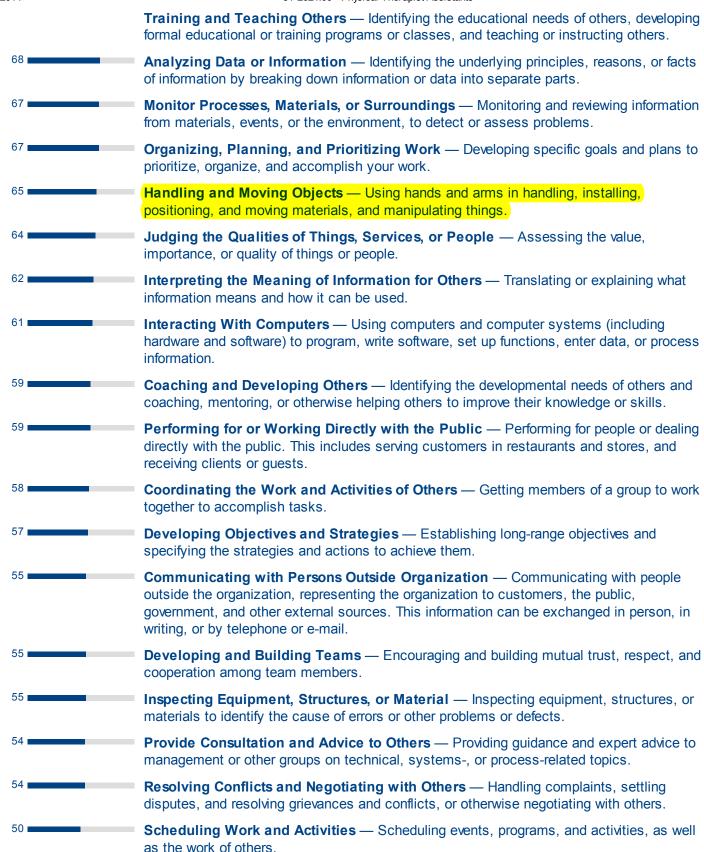
Abilities Save Table (XLS/CSV)

Importance	Ability
75	Oral Comprehension — The ability to listen to and understand information and ideas presented through spoken words and sentences.
75	Oral Expression — The ability to communicate information and ideas in speaking so others will understand.
69	Problem Sensitivity — The ability to tell when something is wrong or is likely to go wrong. It does not involve solving the problem, only recognizing there is a problem.
69	Speech Clarity — The ability to speak clearly so others can understand you.
69	Written Comprehension — The ability to read and understand information and ideas presented in writing.
66	Near Vision — The ability to see details at close range (within a few feet of the observer).
66	Speech Recognition — The ability to identify and understand the speech of another person.
60	Deductive Reasoning — The ability to apply general rules to specific problems to produce answers that make sense.
60	Information Ordering — The ability to arrange things or actions in a certain order or pattern according to a specific rule or set of rules (e.g., patterns of numbers, letters, words, pictures, mathematical operations).
53	Inductive Reasoning — The ability to combine pieces of information to form general rules or conclusions (includes finding a relationship among seemingly unrelated events).
53	Static Strength — The ability to exert maximum muscle force to lift, push, pull, or carry objects.
53	Trunk Strength — The ability to use your abdominal and lower back muscles to support part of the body repeatedly or continuously over time without 'giving out' or fatiguing.
53	Written Expression — The ability to communicate information and ideas in writing so others will understand.
50	Arm-Hand Steadiness — The ability to keep your hand and arm steady while moving your arm or while holding your arm and hand in one position.
50	Category Flexibility — The ability to generate or use different sets of rules for combining or grouping things in different ways.
50	Far Vision — The ability to see details at a distance.
50	Finger Dexterity — The ability to make precisely coordinated movements of the fingers of one or both hands to grasp, manipulate, or assemble very small objects.
50	Fluency of Ideas — The ability to come up with a number of ideas about a topic (the number of ideas is important, not their quality, correctness, or creativity).



Work Activities Save Table (XLS/CSV)

Importance	Work Activity
87	Assisting and Caring for Others — Providing personal assistance, medical attention, emotional support, or other personal care to others such as coworkers, customers, or patients.
84	Documenting/Recording Information — Entering, transcribing, recording, storing, or maintaining information in written or electronic/magnetic form.
83	Getting Information — Observing, receiving, and otherwise obtaining information from all relevant sources.
80	Communicating with Supervisors, Peers, or Subordinates — Providing information to supervisors, co-workers, and subordinates by telephone, in written form, e-mail, or in person.
76	Performing General Physical Activities — Performing physical activities that require considerable use of your arms and legs and moving your whole body, such as climbing, lifting, balancing, walking, stooping, and handling of materials.
75	Establishing and Maintaining Interpersonal Relationships — Developing constructive and cooperative working relationships with others, and maintaining them over time.
73	Evaluating Information to Determine Compliance with Standards — Using relevant information and individual judgment to determine whether events or processes comply with laws, regulations, or standards.
73	Updating and Using Relevant Knowledge — Keeping up-to-date technically and applying new knowledge to your job.
72	Making Decisions and Solving Problems — Analyzing information and evaluating results to choose the best solution and solve problems.
70	Identifying Objects, Actions, and Events — Identifying information by categorizing, estimating, recognizing differences or similarities, and detecting changes in circumstances or events.
70	Processing Information — Compiling, coding, categorizing, calculating, tabulating, auditing, or verifying information or data.
70	Thinking Creatively — Developing, designing, or creating new applications, ideas, relationships, systems, or products, including artistic contributions.
70	



Work Context Save Table (XLS/CSV)

Context	Work	Contaxt

over, without stopping, to performing this job?

Frequency of Conflict Situations — How often are there conflict situations the employee has to face in this job?

Duration of Typical Work Week — Number of hours typically worked in one week.

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Work Styles Save Table (XLS/CSV)

Importance	Work Style
92	Concern for Others — Job requires being sensitive to others' needs and feelings and being understanding and helpful on the job.
91	Integrity — Job requires being honest and ethical.
90	Dependability — Job requires being reliable, responsible, and dependable, and fulfilling obligations.
87	Cooperation — Job requires being pleasant with others on the job and displaying a goodnatured, cooperative attitude.
86	Attention to Detail — Job requires being careful about detail and thorough in completing work tasks.
83	Adaptability/Flexibility — Job requires being open to change (positive or negative) and to considerable variety in the workplace.
82	Self Control — Job requires maintaining composure, keeping emotions in check, controlling anger, and avoiding aggressive behavior, even in very difficult situations.
77	Initiative — Job requires a willingness to take on responsibilities and challenges.
75	Persistence — Job requires persistence in the face of obstacles.
75	Stress Tolerance — Job requires accepting criticism and dealing calmly and effectively with high stress situations.
74	Achievement/Effort — Job requires establishing and maintaining personally challenging achievement goals and exerting effort toward mastering tasks.
74	Independence — Job requires developing one's own ways of doing things, guiding oneself with little or no supervision, and depending on oneself to get things done.
73	Analytical Thinking — Job requires analyzing information and using logic to address work-related issues and problems.
73	Social Orientation — Job requires preferring to work with others rather than alone, and being personally connected with others on the job.
69	Innovation — Job requires creativity and alternative thinking to develop new ideas for and answers to work-related problems.
63	Leadership — Job requires a willingness to lead, take charge, and offer opinions and direction.

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Work Needs Save Table (XLS/CSV)

Extent	Work	Nood
FYTENT	VVOTK	Nee

Sources of Additional Information

Disclaimer: Sources are listed to provide additional information on related jobs, specialties, and/or industries. Links to non-DOL Internet sites are provided for your convenience and do not constitute an endorsement.

• Physical Therapist Assistants and Aides & Bureau of Labor Statistics, U.S. Department of Labor. Occupational Outlook Handbook, 2012-13 Edition.

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I have reviewed the information provided regarding the mental and physical demands associated with the being a Physical Therapist Assistant.

If accepted to the program, I understand that I must meet the physical and mental demands required of the PTA. If I am unable to meet the physical and mental demands of the PTA, then I will be unable to complete the PTA program.

Signature	Date
Printed Name	

A signed copy of this page is to be included in your application packet.