

Associate of Science in Health, Wellness, & Human Performance 2023-24 Degree Check

Name: Co	Completed by:				
ID: Da	te:				
General Education Requirements (38-39 Credits)	Credits	Grade	Semester	Notes	
Communication (6 Credits)					
ENG 1113 English Composition I	3				
ENG 1213 English Composition II	3				
History and U.S. Government (6 Credits)					
HST 1483 US History to the Civil War or HST 1493 US History since the Civil War	3				
GVT 1113 American Federal Government	3				
Science (8 Credits)					
BIO 1114 General Biology or other lab science course	4				
CHM 1114 General Chemistry I or other lab science course	4				
Humanities (6 Credits) See catalog for a listing of acceptable courses.					
	3				
	3				
Mathematics (3 Credits)					
Any college-level general education math course	3				
Liberal Arts (3 Credits)					
PSY 1113 Introductory Psychology or SOC 1113 Introduction to Sociology	3				
Arts and Science (3 Credits)					
Any Area 7 course in the college catalog	3				
Computer Proficiency (3 Credits)					
CIS 1113 Computer Applications or displayed proficiency and 3 gen ed credits	3				
Student Success (1 Credit) For first-time freshmen					
COL 1211 Success Strategies	1				
Program Requirements (24 Credits)	Credits	Grade	Semester	Notes	
Program Core (12 Credits)					
HWP 1113 Personal Health	3				
LIMID 2242 First Aid					
HWP 2213 First Aid	3				
NUT 1553 Nutrition	3				
NUT 1553 Nutrition	3				
NUT 1553 Nutrition HWP 2713 Care and Prevention of Athletic Injuries	3				
NUT 1553 Nutrition HWP 2713 Care and Prevention of Athletic Injuries Program Electives (8 Credits)	3				
NUT 1553 Nutrition HWP 2713 Care and Prevention of Athletic Injuries Program Electives (8 Credits) AP 1113 Applied Anatomy (Fall only)	3 3				
NUT 1553 Nutrition HWP 2713 Care and Prevention of Athletic Injuries Program Electives (8 Credits) AP 1113 Applied Anatomy (Fall only) HWP 2222 Sports Rules & Officiating	3 3 2				
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