Would you like to reduce your 2014 annual medical deductible by $250?

Before January 1, 2014, you will need to establish a personal account with Blue Cross Blue Shield (BCBS) or otherwise known as a **BAM** account (Blue Access for Members) at [www.bcbsok.com/OKHEEI](http://www.bcbsok.com/OKHEEI).

**Steps to set up a personal BCBS “BAM” account:**

Go to: [www.bcbsok.com/OKHEEI](http://www.bcbsok.com/OKHEEI) (also on the back of your medical card)

In the “BlueAccess for Members” box click on **Register Now**

Follow steps to set up account with BCBS:

  - Complete Member information
  - Complete Plan information (numbers found on your card)
  - Complete Security information
  - “Agree” with the Terms of Use
  - Access your e-mail account to validate your e-mail address with BCBS
  - Make note of your log-in and password for future use

As of January 1, 2014, log into your BAM account with BCBS and take the Health Assessment. Both the employee and spouse may take the Health Assessment and receive the $250 credit toward their individual deductible. (A spouse will have to set up a personal account to take their own assessment with BCBS.)

The Health Assessment may be taken anytime during 2014 however it must be taken before a claim is incurred to receive the $250 credit. You will not get the credit if the assessment is taken prior to January 1, 2014.